

**Starve** the animal completely for:

\_\_\_\_\_ hours

During this time, commence giving any medicines as directed and **only** offer several **small** drinks of cooled boiled water, ie: enough water to cover the bottom of the animal's usual water bowl. Some animals may prefer ice cubes to lick.

Electrolyte solutions replace the salts (electrolytes) that are often depleted with vomiting and diarrhoea. These solutions are available from Reception.

When you reintroduce food, start giving it **little** and **often**, ie: for the first day feed every two to four hours:

| <b>Size of Animal</b>         | <b>Amount to Feed</b> |
|-------------------------------|-----------------------|
| Small dogs and cats . . . . . | One teaspoonful       |
| Medium dogs . . . . .         | One tablespoonful     |
| Large dogs . . . . .          | Two tablespoonfuls    |

Thereafter, double the amount and feed four times daily.

### Foods which CAN be given

- ✓ Royal Canin Sensitivity
- ✓ Hill's i/d diet
- ✓ Fresh white meats, ie: skinless chicken breast, white fish (coley or cod), rabbit
- ✓ Scrambled eggs - plain with no butter or milk
- ✓ Boiled rice
- ✓ Pasta
- ✓ Skinless baked potato or mashed potato with no butter or milk

### Foods which MUST NOT be given

- ✗ Biscuits
- ✗ Red meat or fatty meat
- ✗ Milk or other dairy products
- ✗ Tinned meat (unless a prescription diet)
- ✗ Treats
- ✗ Bread or toast

Keep your pet on this diet until he/she is completely back to normal and then reintroduce the usual diet over five to seven days. Gradually reduce the number of meals over the same time period.

Finish giving **any** medications (tablets, paste etc.), **even if the animal is back to normal.**

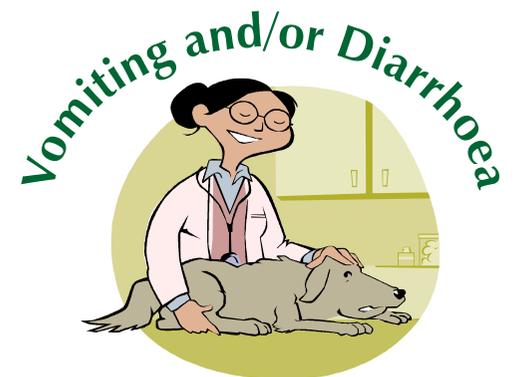
If you are worried that your pet is not improving as expected, make an appointment to see your veterinary surgeon.

Please take care to follow good hygiene precautions, eg: wash hands well, discourage pet from licking peoples' faces etc., while treating your pet with diarrhoea as some causes of diarrhoea are spread between pets and people.





## Quick Reference Guide



### Endell Veterinary Group

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